

# BRAIN INJURY FACTS



Largest disability group  
in Nova Scotia



Leading killer & disabler  
of people under 44



Affects 70,000  
Nova Scotians



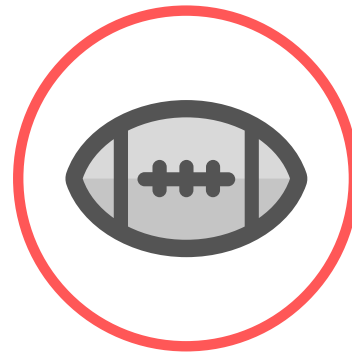
3,000 new brain injuries  
per year in Nova Scotia



1/3 of youth will sustain  
a concussion before  
finishing high school



The effects of brain  
injury extend to family  
and care providers



The majority of brain  
injuries are NOT sports  
related



The brain injury  
community is a critically  
under-served group

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# ABOUT US



- As the only organized voice for the brain injury community in Nova Scotia, we are committed to building a community of support for brain injuries through programs, education, resources, and tireless advocacy for better supports and services for brain injuries across Nova Scotia.
  - We foster resilience, recovery, and community through compassionate & inclusive client and caregiver focused programs. Including LoveYourBrain Yoga, Concussion Cafe, Caregiver Support Series, Music Therapy, and more.
  - We have increased the size of our community/membership by 1,000% since 2015
  - In 2018, we negotiated a historic public investment for various projects to build the foundations of a true continuum of care, supports, and services.
  - In 2019, we opened Nova Scotia's first purpose-built community space for brain injury survivors and their families
  - We are actively leading the groundbreaking Concussion Roundtable & White Paper Project, which engages hundreds of stakeholders from medical, allied health, sports, insurance, law, and community sectors in order to build consensus on best practices, identify gaps in existing care, and improve access to evidence-based care.
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