Brain Injury is the largest disability group in the province, affecting 70,000+ Nova Scotians, which is more than those suffering from breast cancer, HIV/AIDS, spinal cord injury, and multiple sclerosis combined.

Brain Injury is the leading killer and disabler of people under 40.

1/3 of children will sustain a significant concussion before finishing high school.

There are ~3,000 new brain injuries annually in Nova Scotia.

The majority of mild traumatic brain injuries (concussions) are NOT sports related and happen doing everyday things.

Up to 50% of the homeless population in Nova Scotia have an acquired brain injury.

The effects of Brain Injury extend to those living with and caring for people with brain injuries.

Nova Scotia's brain injury population is a critically underserved group. Though things are improving, there are still too few appropriate publicly-funded services and supports specific to brain injury.

As the only organized voice for the brain injury community in Nova Scotia, we are committed to building a community of support for brain injuries through programs, education, resources, and tireless advocacy for better supports and services for brain injuries across Nova Scotia.

Brain injury can happen anytime, anywhere, to anyone. In a moment, a life is changed forever.

If someone impacted by a brain injury is not provided with the proper recovery & community supports, poorer outcomes result over a lifetime, which is a tremendous loss of potential. Appropriate recovery, care, and supports can lead to successful return to life, work, and leisure after a brain injury.

BRAINS...
ALL WE ARE.

In the past 5 years, the Brain Injury Association of Nova Scotia:

- Co-chaired the "Realizing Potential: Acquired Brain Injury Strategy Project" commissioned by the Department of Health and Wellness, leading to milestone public funding for various projects to build the foundations of a true continuum of care, supports, and services.
- Collaboration & stewardship role on all projects associated with this funding with the IWK, NSHA, Peter's Place, Strongest Families Institute.
- Opened NS' first purpose-built community space for brain injury survivors and their families.
- Increased the size of our community/membership by more than 1,000%
- Enhanced programming and education for brain injury survivors, their families, & care providers across the province. Including the LoveYourBrain Yoga Program, Neurorehabilitation Training, & Caregiver Support Training.
- Hosted the groundbreaking Concussion Round Table series to pull together multiple sectors to build consensus on best practices, identify gaps in existing care, and improve access to evidence-based care.

For more information, visit:
www.BrainInjuryNS.com